



**New Year =
New You!**

LUNCH & LEARN

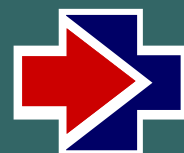
Friday, January 22, 2010

Noon

*Bryan W. Whitfield Memorial Hospital
Classroom*

Find out how to get healthy and stay that way with the help of Betsy Adams of the Bryan Whitfield Memorial Hospital Wellness Center.

A buffet luncheon is provided at a cost of \$5 per plate. Call 287-2626 for reservations.



**Tombigbee
Healthcare Authority**

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